

The SECCA Procedure: A New Therapy for Treatment of Fecal Incontinence.

Efron JE, M.D., F.A.C.S., F.A.S.C.R.S. The SECCA Procedure: A New Therapy for Treatment of Fecal Incontinence. Surg Tech Intl XIII December 2004;107-110.

CONCLUSION: The Secca device has been approved by the Federal Drug Administration (FDA) for the use in the United States (US). Many centers in the U.S. have started performing the procedure off protocol. Currently, a randomized, multi-center, single-blinded study is being completed in the U.S. to rule out the placebo effect as a cause for the improvement seen in prior trials. The available data, however, suggests the Secca procedure is effective in improving continence in many patients with minimal risk.

The Secca procedure may offer a bridging technique for patients who do not respond to medical therapy or biofeedback, are not candidates for sphincter repair, and who do not want to undergo the more invasive surgical procedures such as implantation of an artificial bowel sphincter. Performing the procedure does not preclude the patient from undergoing other more invasive procedures to help improve their continence if they do not respond well to the Secca procedure.